



Tuesday 8<sup>th</sup> January 2019

Dear Parents and Carers,

**PUPIL LIFESTYLE SURVEY – Doncaster 2018/19**

Our school has chosen to support Public Health, in Doncaster Council, by participating in a Borough-wide questionnaire of young people's health behaviour. The survey will be for children in year 4 and year 6.

The school and the health of our children and young people will benefit greatly from taking part in this questionnaire, as it will allow us to identify where we should focus our efforts in making sure our pupils are the healthiest they can be.

The results of the questionnaire may prompt review of the curriculum and have also been used in a variety of ways including:

1. As a starting point for discussion in classroom activities.
2. As a guide in the choice of resources.
3. As a prompt for appropriate timing of courses.
4. As a beginning for further enquiry to strengthen existing programmes, e.g., in PE.
5. As a starting point for discussions between parents and schools.

The questionnaire has been developed by PFA Research Ltd, in partnership with the Public Health department and the questions cover a wide range of health behaviours, including:

Healthy eating  
Physical activity  
Safety  
Emotional health and well-being  
Exploratory health behaviours

The content of the questionnaire has been developed with great care and has been approved as acceptable by Public Health Specialists and Safeguarding Leads. The survey is GDPR compliant and each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to your school. Doncaster Council will receive only the summary of all schools, in which individual schools are not identified.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. If you have any concerns or wish to discuss this further please contact myself or your child's teacher.

The questionnaire will be carried out before the end of term.

Yours faithfully,

Mrs AM Mason  
Principal

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**Principal** Mrs AM Mason

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